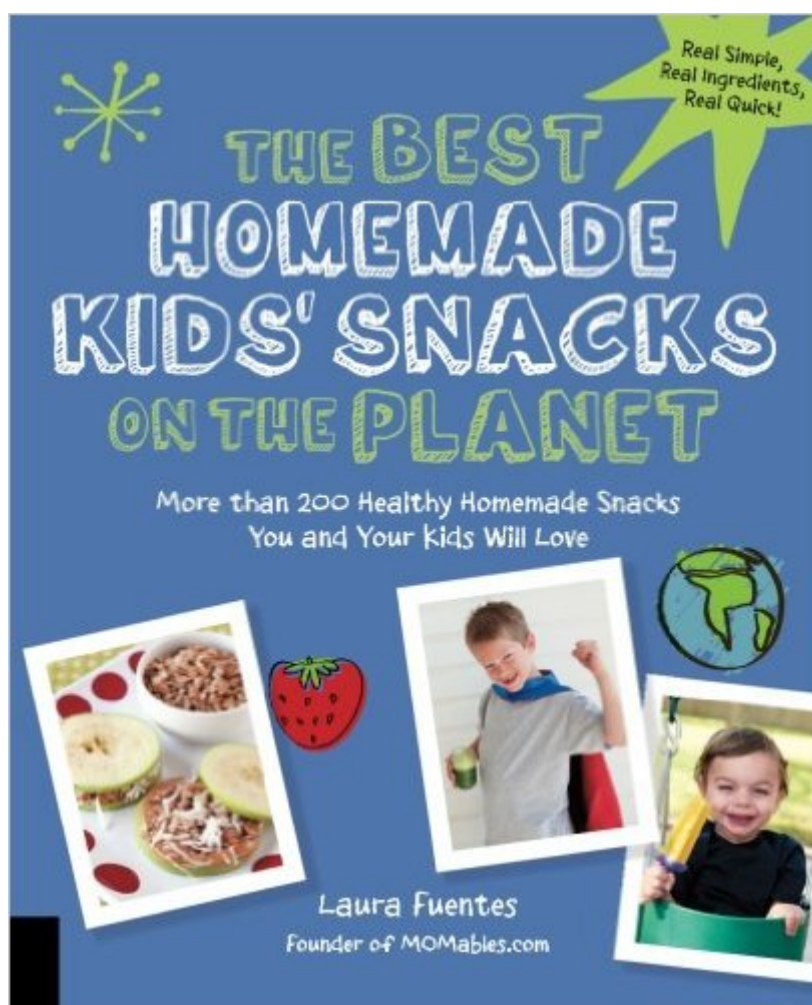


The book was found

The Best Homemade Kids' Snacks On The Planet: More Than 200 Healthy Homemade Snacks You And Your Kids Will Love



Synopsis

This book contains delicious recipes for over 200 healthy and homemade snacks for the whole family.

Book Information

Paperback: 240 pages

Publisher: Fair Winds Press (June 15, 2015)

Language: English

ISBN-10: 1592336612

ISBN-13: 978-1592336616

Product Dimensions: 7.5 x 1 x 9.4 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars See all reviews (58 customer reviews)

Best Sellers Rank: #75,175 in Books (See Top 100 in Books) #24 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Brunch & Tea #165 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Natural Foods #326 in Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy

Customer Reviews

View larger Chocolate Brownie Energy Bites These are the only brownie bites I don't feel guilty eating at four o'clock in the afternoon. The raisins add fiber while the cashews add protein, making this a satisfying and nutritious snack. - 1 cup (145 g) raisins, packed - 1 cup (120 g) cashews - 1/4 cup (20 g) cocoa powder - 1 teaspoon vanilla extract - 1/4 teaspoon salt - Pinch of cinnamon Place raisins in a medium bowl and cover with hot water. Soak for 5 minutes to soften then drain. Add raisins and all remaining ingredients into a food processor and pulse until mixture is the consistency of sand. Remove blade from the unit. Using your hands, scoop out dough and form into balls on the palms of your hands. Chill for 30 minutes and enjoy. Store in an airtight container in the fridge for up to 1 week. Yield - 18 bites

[Download to continue reading...](#)

The Best Homemade Kids' Snacks on the Planet: More than 200 Healthy Homemade Snacks You and Your Kids Will Love The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with More Than 200 Deliciously Nutritious Meal Ideas Lonely Planet Atlas de Un Mundo Fascinante 1 ES (Kids Amazing World Atlas) (Lonely Planet Junior / Lonely Planet Kids)

(Spanish Edition) The Ultimate Book of Modern Juicing: More than 200 Fresh Recipes to Cleanse, Cure, and Keep You Healthy American Heart Association Quick & Easy Cookbook, 2nd Edition: More Than 200 Healthy Recipes You Can Make in Minutes Top 200 Mediterranean Diet Recipes: (Mediterranean Cookbook, Mediterranean Diet, Weight Loss, Healthy Recipes, Mediterranean Slow Cooking, Breakfast, Lunch, Snacks and Dinner) Lonely Planet the Gambia & Senegal (Lonely Planet the Gambia and Senegal, 1st ed) (Lonely Planet the Big Trip: Your Ultimate Guide to Gap Years & Overseas Adventures) The Healthiest Diet on the Planet: Why the Foods You Love-Pizza, Pancakes, Potatoes, Pasta, and More-Are the Solution to Preventing Disease and Looking and Feeling Your Best Super Paleo Snacks: 100 Delicious Low-Glycemic, Gluten-Free Snacks That Will Make Living Your Paleo Lifestyle Simple & Satisfying Trim Healthy Mama Cookbook: Eat Up and Slim Down with More Than 350 Healthy Recipes Meatless: More Than 200 of the Very Best Vegetarian Recipes The Healthy Hound Cookbook: Over 125 Easy Recipes for Healthy, Homemade Dog Food--Including Grain-Free, Paleo, and Raw Recipes! Classic Snacks Made from Scratch: 70 Homemade Versions of Your Favorite Brand-Name Treats Feed A Starving Crowd: More than 200 Hot and Fresh Marketing Strategies to Help You Find Hungry Customers The Ultimate Panini Press Cookbook: More Than 200 Perfect-Every-Time Recipes for Making Panini - and Lots of Other Things - on Your Panini Press or Other Countertop Grill Let Them Eat Cake: Classic, Decadent Desserts with Vegan, Gluten-Free & Healthy Variations: More Than 80 Recipes for Cookies, Pies, Cakes, Ice Cream, and More! Cooking Healthy with a Food Processor: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks) Martha Stewart's Appetizers: 200 Recipes for Dips, Spreads, Snacks, Small Plates, and Other Delicious Hors d'Oeuvres, Plus 30 Cocktails More Than Friends (More Than... Book 1) Homemade Sweet and Savory Pies: Traditional Recipes Plus Low Carb, Ketogenic, Paleo, Vegetarian Pies and All You Need to Know about Baking (Low Carb Desserts & Homemade Pies)

[Dmca](#)